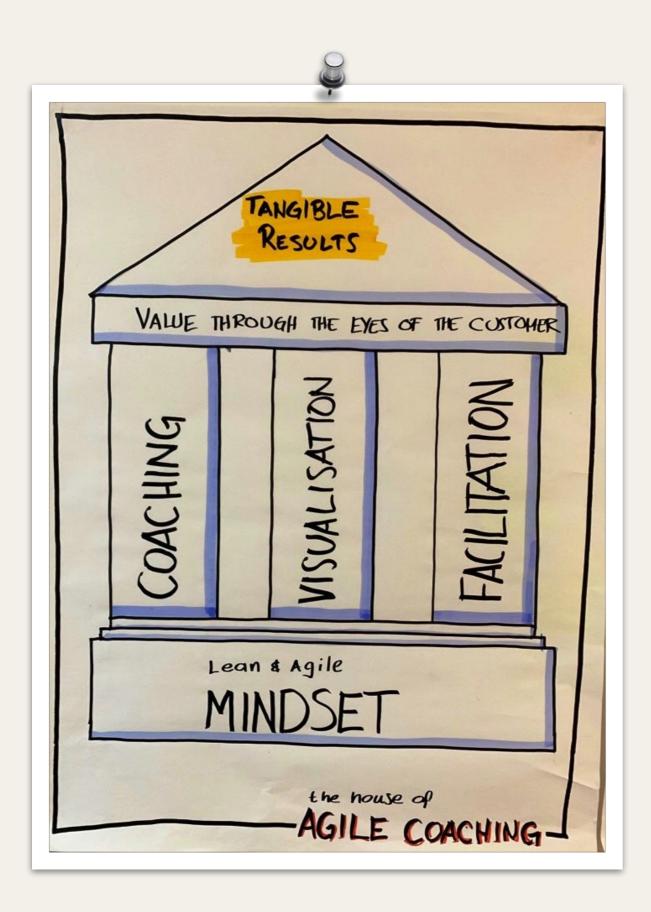
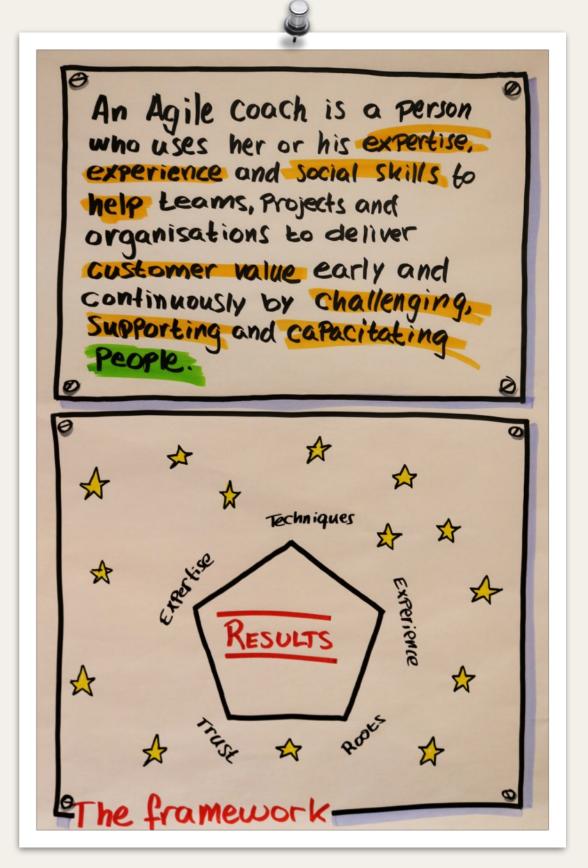
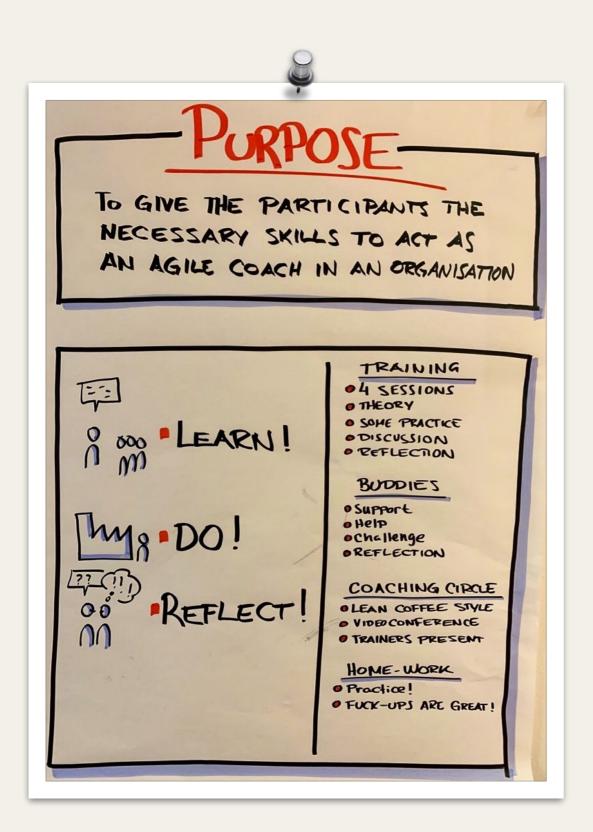
## The Foundations of the Training





### The Basic Idea



Learn-Do-Reflect: every session ends with homework that is done in the home organisation. The homework is debriefed and reflected upon in the training sessions.

Buddies: between training sessions the participants will keep in touch with one other participant (buddy) to ensure that the DO and REFLECT continues.

Coaching Circle: a forum where the training, experiences and insights are discussed.

## Course Overview



Coaching Circle 2
Video Call



#### Module 1: Agile & Lean

- Agile Behind the Scenes
  - Cynefin
  - Theory of Constraints
  - Lean Product Development
  - Agile Manifesto
- What is an Agile Coach?

Malmö
One evening and two full days

#### **Module 2: Working with Teams**

- Coaching 1.0
- Working with Agile Teams
- Retrospectives

Malmö
Two full days

#### Session 3: Agile Leadership

- Agile Leadership
- Facilitation
- Visualisation

#### **Session 4:**

- Coaching 2.0
- Feedback
- Agile Change Center
- Change by experiments
- Connecting with the Real World
- Next steps

Malmö
Two full days

Malmö
Two full days and an evening



# Pictures from a training session

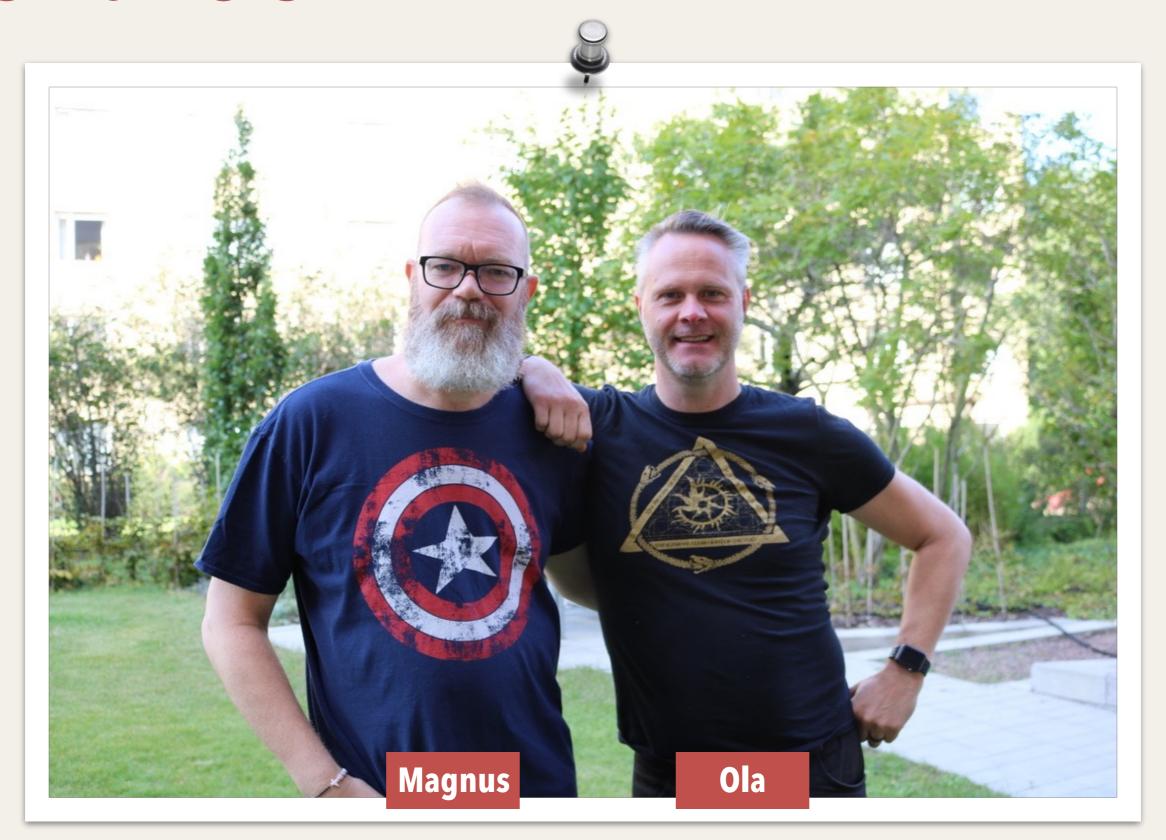








## The Trainers



Please contact <u>ola.sundin@zerodistance.se</u> for more information!